

# Dgroup Discussion Guide for January 21, 2018 FIGHT OUR BATTLES WITH PRAYER

#### Scripture: Colossians 4:12-13

As followers of Christ, we need to understand the need for the gospel across the world. Two thirds of the world's population are clueless about Jesus and the gospel. We need to realize that we are in a battle everyday, and no other place is the spiritual battle taking place most fiercely than in the family. The enemy's tactic to disable the original design of the family, so that passing on godly virtues will cease to take place.

We also need to realize the reality of our own weakness as Christians i.e. many are lukewarm, shallow, and conformist to the world. They are unable to explain why we believe what we believe.

The conclusion, therefore is, we must fight our battles with prayer, because apart from the strength and sovereignty of God we cannot win this warfare. What can we learn from Epaphras who is known in the Bible as a man devoted to prayer?

#### PRAY STEADFASTLY

Epaphras always prayed. His example reminds us to pray steadfastly, persistently and consistently. Praying is meant to be a lifestyle for every follower of Christ.

Have you ever given up praying especially when what you are praying for seems to be taking so long or maybe the situation even getting worse?

Jesus encourages us in the Parable of the Persistent Widow to pray at all times and not to lose heart. (Luke 18:1-5). The parable reminds us that we should keep praying. Like the helpless widow, have nothing to prove, so it allows us to be humble to ask for help.

We should also keep praying because of who God is. If the judge who does not fear God nor respect man, would give in to the widow because she was persistent, how much more our God would answer our prayers.

The Bible also tells us about Bartimaeus who cried out to Jesus for mercy to heal him. He kept crying out all the more when people sternly yelled at him to keep quiet. Wherever you are in life, learn from these stories in the Bible so that you can pray steadfastly.

#### PRAY STRENOUSLY

Epaphras was always laboring earnestly, agonizing in prayer. Sometimes our prayer life is mechanical, anemic or shallow. When we work, we work; but when we pray, God works. This does not mean that we should not work, but ultimately we should humbly depend on God for everything, remembering that our next breath and heartbeat are all in God's hands.

To wrestle with God does not mean to pin Him down to agree with our prayer. Wrestling in prayer is not imposing our will on God, instead it is when we surrender to God, we win. We reas this example in Genesis 32:4-26 wherein Jacob wrestled with God and would not let Him go unless He blesses him. When we wrestle with God we admit that we are so desperate for Him, so helpless wihout Him and we cannot do anything on our own strength.

#### PRAY SLEFLESSLY

Epaphras always prayed for the Colossians, composed of diverse people from different walks of life. Nothing is wrong about praying for ourselves but we must also pray for others (Philippians 2:4).

If everybody is praying for one another, we may not need to pray for ourselves because we are sure that others are already praying for us.

### PRAY STRATEGICALLY

Epaphras prays for his fellow believers that they may stand perfect and fully assured in all the will of God – being mature, understanding, discerning and submitting to the sovereign loving will of God.

Some may find that God's will is a mystery, but the fundamental will of God is so clearly written in the pages of the Bible and we just have to read it, Praying for the will of God for anyone is probably the best prayer we could ever pray for other people even for ourselves. It means we understand God's will, what is important to Him, what gives Him pleasure, what honors and glorifies Him.

Praying is willingly allowing God to reveal and lead us to His will which is always superior to what we want for an answer (1 John 5:14-15). The way we pray strategically is to know God's Word and the more we know God's Word, the more we know the will of His heart.

## DISCUSSION QUESTIONS:

- 1. **DEVOTED TO PRAYER.** What are the lessons you have learned from Epaphras' prayer life?
- 2. ANSWERED PRAYER. Share your topmost prayer which God answered recently. What was God's answer? How did this make you feel? What did you learn in the process?
- 3. UNANSWERED PRAYER. Do you have prayers that God has not yet answered? What are you doing while waiting?

### **APPLICATION:**

# FIGHTING YOUR BATTLES THROUGH PRAYER.

- 1. As a family sit down and talk about the things that each individual is praying for. What are the things that each one is asking for? Ask how you can support each other in prayer.
- 2. Talk about how each of you can practice praying steadfastly, strenuously, selflessly and strategically.
- 3. Talk about how prayer can enrich not only your individual prayer life but the relationship in the family.

## PRAYERS:

Lift all the things that you learned back to God. Share your thoughts to Him. If He is impressing a sin in your life, confess it to Him. He is always ready to forgive.